

“Instead of giving myself reasons why I can't, I give myself reasons why I can.”



Heart failure companion booklet

This booklet is for the use of patients with heart failure. Pages 1 to 7 are to be completed by your healthcare team.

Patient details

Patient name

Address

Hospital number

Date of birth

Telephone

Next of kin name

Next of kin telephone



www.heartbeat-trust.ie

Supported by:



Healthcare provider details

	Name	Telephone number
GP		
Community pharmacist		
Consultant (cardiology)		
Heart Failure Clinic		

Aetiology

Please tick

Hypertension

Ischaemia

Viral

Idiopathic

Valvular

HF-REF

HF-PEF

Ejection Fraction

ICD

BI-VENT

Other complications

Heart Failure Medication

OD = once daily
BD = twice daily

TDS = three times daily
QDS = four times daily

Date	Medicine name	Dosage	How often

